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Education Resource Center

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Top Ten Reasons to Be Catholic: Prayer and Devotions

Being Catholic: Prayer - How Catholics Pray

DV 30839.1 J, S, YA, A 15 min.
© 2011 Oblate Media and Communications Corp

This program explains intercessory prayer that addresses Mary and the saints, as well as other types of prayers common in our faith: adoration, mediation, contemplation, petitions and praise in the forms of the Liturgy of the Hours, the Rosary, Stations of the Cross, and Novenas. It also explains the Lord's Prayer as the most cherished of prayers.

Catching Fire, Becoming Flame: A Guide For Spiritual Transformation

DV 31094.1 A 180 min.
Haase, OFM, Fr. Albert © 2013 Paraclete Press

Fr. Albert Haase gives you the tools and kindling to prepare for the spark of God in your life, and then shows you how to fan it into flame until you are set ablaze. His teaching glows with time-tested wisdom as an experienced spiritual director shares the secrets of the saints. Session titles include The Spiritual Journey as a Process of Transformation, Your Image of God, The Examen, Seven Principles of Prayer, God's Will and Decision Making, and The Challenge of Forgiveness. The six sessions are best viewed as a whole, but individual sessions could stand alone. (Includes six 30-min. sessions and accompanying book of the same title)

Catechism: A Pilgrimage Of Faith - Session 22 (CCC 2558-2622): Introduction To Prayer

DV 31005.1 A 56 min.
Scherschlight, STL, Mike © 2012 Holy Family School of Faith

This DVD series provides twenty-four big-picture lessons walking you through the *Catechism of the Catholic Church*. **Introduction to Prayer** touches upon a definition of prayer with an emphasis on prayer as gift, covenant, and communion. Also examined are the prayer of Abraham, Moses, David, the prophets, Jesus, and the Blessed Virgin Mary. (CCC Pillar IV)

Chaplet Of Divine Mercy In Song, The

DV 30837 J, S, YA, A 20 min.
Short, Trish © 2002 Congregation of Marians of the Immaculate Conception

This twenty-minute sung version of the *Chaplet of Divine Mercy* that was revealed through St. Faustina, sung live at the National Shrine of the Divine Mercy, crosses the gap between contemporary and traditional prayer music. (Bonus includes *I Am A Voice Crying for Mercy* with personal testimonials.)

Consoling The Heart Of Jesus

DV 31147 A 350 min.
Gaitley, MIC, Rev. Michael E. © 2012 Marian Press

Take a journey with Rev. Michael Gaitley through a ten-week guided retreat as he delves into the simplicity and grandeur of Consoling spirituality. Rev. Gaitley shares new insights into how you can console Jesus; presents the keys to the great sanctity of saints and blessed like Thérèse of Lisieux, Faustina Kowalska, and Mother Teresa; and explains how you can apply their teachings to your own life. The retreat uses a coordinator's guide; a ten-part DVD; the book *Consoling the Heart of Jesus*; a spiral-bound retreat companion containing questions for reflecting, meeting outlines, and space for journaling; and a packet of prayer aids. (Ten 90-min. sessions)

Divine Office For Dodos, The: A Step-By-Step Guide To Praying The Liturgy Of The Hours

BK 242568 A 272 pp.
Nugent, Madeline Pecora © 2008 Catholic Book Publishing Company

This book is a step-by-step manual for learning exactly how to pray the Liturgy of the Hours. It is conveniently divided into sections and includes clear instructions, knowledge checks, and opportunities for practice.

Forty Weeks: An Ignatian Path To Christ With Sacred Story Prayer

BK 242639 A 318 pp.
Watson, SJ, William M. © 2013 Sacred Story Press

This is a self-guided prayer journey for the average adult Catholic lasting forty weeks. It uses the Ignatian Examen method. Nearly two hundred adults in six participating parishes used the exercises offered in the book and then offered suggestions on how prayer lessons could be simplified and re-structured. Their input has made this book as intuitive as possible. The week-by-week Ignatian spiritual discipline used in this book will help you learn to bring your life to Christ for healing, learn to connect to Christ in your daily life, and discern truth from falsehood in your core identity.

Hostia: The Power And Presence Of The Eucharist

DV 31103 A 42 min.
© 2011 Ignatius Press

This DVD begins with the Gospel accounts of how Jesus Christ instituted the Eucharist. It explains how the sacrifices and offerings of the Old Testament prefigured the perfect and final sacrifice in Jesus Christ Himself, the Lamb of God who takes away the sin of the world. The constant belief of Christians in the Real Presence throughout history is demonstrated along with examples of heroic witnesses for the faith. The Holy Sacrifice of the Mass is explained as the center of the Christian life where Jesus becomes truly present in the Eucharist. The practices of Eucharistic Adoration and Benediction are presented as the real power behind any evangelization and essential to reviving faith in every Catholic parish.

Top Ten Reasons to Be Catholic: Prayer and Devotions

How-To Book Of Catholic Devotions, The: Everything You Need To Know But No One Ever Taught You

BK 234502 A 260 pp.
Aquilina, Mike © 2000 Our Sunday Visitor

This complete guide gives you: step-by-step guidelines to the devotional rites and rituals of the Catholic Faith, a history of each devotion and a reflection on its importance in the prayer life of Catholics, succinct and salient quotes from saints and prominent members of the Church, cautions, drawn from Scripture and Tradition, for potential temptations and distractions, and blessings and graces associated with the devotions.

How-To Book Of Sacramentals, The: Everything You Need To Know But No One Ever Taught You

BR 220249 S, YA, A 335 pp.
Ball, Ann © 2005 Our Sunday Visitor

In this complete guide you receive a brief history of each sacramental, best ways to pray with a sacramental, the traditional prayer associated with a particular item or action, suggestions for incorporating sacramentals into one's own prayer life and daily routine, and an explanation of indulgences. Discover how to determine which sacramentals best fit you, and deepen your appreciation for a favorite sacramental. Take a second look at a sacramental you have used in the past, explain to a friend or family member why Catholics use sacramentals, and help a young or newly baptized Catholic learn how to take advantage of these tremendous sources of grace.

I Am The Living Bread: Discovering Jesus In The Eucharist

DV 30834 YA, A 30 min.
© 2011 Ignatius Press

This program is an up close and personal look at how the lives of people in San Antonio, Texas, have been dramatically touched by their devotion to Jesus in the Blessed Sacrament through Eucharistic Adoration. Their stories will inspire viewers to a more intimate relationship with the Eucharistic Jesus. It tells of the tremendous graces and blessings in people's lives, and how adoration programs in over sixty-five churches in San Antonio are transforming the diocese. (English and Spanish tracks)

Jesus, Present Before Me: Meditations For Eucharistic Adoration

BK 242100 YA, A 160 pp.
Cameron, O.P., Rev. Peter John © 2008 Servant Books

Through meditations, prayers and probing questions for reflection, Rev. Peter John Cameron, O.P., invites you to see beyond appearances and enter into the mystery and miracle of Jesus present in the Eucharist. "You were made for this presence," Rev. Cameron says. **Jesus, Present Before Me** includes thirty separate Eucharistic meditations, Eucharistic reflections on the twenty mysteries of the rosary, a Eucharistic colloquy, a litany and a Way of the Eucharist, all designed to help you offer your time of adoration wholeheartedly, without weariness or distraction.

Knit One, Purl A Prayer: A Spirituality Of Knitting

BK 242637 A 113 pp.
Rosenthal, Peggy © 2011 Paraclete Press

This book offers a spirituality of knitting and also shows how knitting can help you craft a deeper connection to God as well as reduce stress, overcome losses in life, and form lasting friendships.

Lord's Prayer, The: Entering Into God's Country (DVD)

DV 30391 S, YA, A 90 min.
Wangerin, Jr., Walter © 2004 Paraclete Press

In this video, author Walter Wangerin, Jr. explores the petition and the structure of the Lord's Prayer. Wangerin sheds light on what the Lord's Prayer reveals about God's nature and our own nature, and on how we should live in relationship with God and one another. Divided into eight segments covering each phrase of the Lord's Prayer, this video uncovers new meaning in this cherished prayer.

Making Crosses: A Creative Connection To God

BK 242638 S, YA, A 132 pp.
Prewitt, Ellen Morris © 2009 Paraclete Press

Making crosses is a way for God to pray through you. The practice of making a cross takes you beyond analytic thinking, and offers a way of prayer where understanding comes from doing. This book will guide you through both the spirituality of cross-making as well as the practical how-to steps.

Meaningful Conversations About Prayer: DVD I - How And Why We Pray

DV 30146.1 S, YA, A 21 min.
© 2006 Loyola Press

The *Meaningful Conversations about Prayer* series is intended to help participants share with others important ideas about communicating with God. **How and Why We Pray** is an encouraging and introductory look at prayer. This conversation can help to reassure viewers that they pray more often than they realize: they simply need to broaden their definition of prayer. *Introduction. Segment I: Prayer Is Talking to God and Listening to God. Segment II: We Pray for Many, Many Reasons. Segment III: Everyone Knows How to Pray. Segment IV: People Who Pray Can Be Present.*

Meaningful Conversations About Prayer: DVD II - Praying With Our Own Words

DV 30147.1 S, YA, A 22 min.
© 2006 Loyola Press

The *Meaningful Conversations about Prayer* series is intended to help participants share with others important ideas about communicating with God. The focus of **Praying with Our Own Words** is on being present and open to God. Meditation and contemplation are explored as ways of putting our imaginations to work as we pray. Other kinds of prayer are also discussed. *Segment I: The Heart of Prayer Is Learning to Be Present. Segment II: We Really Only Pray When We Get Down to Our Hearts. Segment III: People Come to Prayer Intuitively. Segment IV: We Seek the Presence of Other People Who Are Also Searching. Segment V: Looking at Where God Is Working in Your Day.*

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Meaningful Conversations About Prayer: DVD III - Praying With Scripture

DV 30148.1 S, YA, A 22 min.
© 2006 Loyola Press

The *Meaningful Conversations about Prayer* series is intended to help participants share with others important ideas about communicating with God. Peg, the first person to talk in **Praying with Scripture**, reminds us that Scripture is God's Word spoken to us. Peg and others in the conversation talk about Lectio Divina and scripture passages that have profoundly impacted their lives. *Segment I: Everybody's Holy. Everyone Can Pray. Segment II: Picking Out a Word That Touches Your Heart. Segment III: Imagine What the Scene Must Have Looked Like. Segment IV: The Psalms Speak the Emotions of the Human Heart.*

Meaningful Conversations About Prayer: DVD IV - Praying With The Church's Words

DV 30149.1 S, YA, A 21 min.
© 2006 Loyola Press

The *Meaningful Conversations about Prayer* series is intended to help participants share with others important ideas about communicating with God. In this conversation we discuss the benefits of traditional prayer and reflect on how it meets our needs. The people in **Praying with the Church's Words** share the importance in their lives of such prayers as the Sign of the Cross, the Our Father, the Hail Mary, and Catholic devotions. *Segment I: Traditional prayer is being part of something bigger than you. Segment II: I Can Still Remember Being Taught to Make the Sign of the Cross. Segment III: The Our Father Was Given to Us by Jesus Himself. Segment IV: Jesus Comes from a Womb Like We Do. Segment V: Prayer Allows Us to See God Working in Every Moment.*

Meditations On Vatican Art

BR 220117 YA, A 216 pp.
Haydu, LC, STL, Rev. Mark © 2013 Liguori Publications

This book deepens your relationship with God as you reflect on art from the Vatican collections and pray the Ignatian Spiritual Exercises. Rev. Mark Haydu serves as the spiritual guide for this exquisite collection of art, contemplation, and prayer. The book follows the four categories of the Ignatian Exercises: Creation, Sin, Jesus Christ, and Resurrection. Each day of prayer includes a Vatican Art image with a poetic overview and short descriptive background information about the art, scripture passage, reflection on the art image and scripture passage, concluding prayer, and reflective questions for you to ponder or use as writing prompts.

Message Of Jesus, The: Divine Mercy

DV 30625 I, J, S, YA, A 42 min.
© 2007 The TRIA Group

The Divine Mercy Messages and the role of St. Maria Faustina are introduced in this illustrated DVD. Also included is a twenty minute scriptural chaplet. Includes *An Illustrated Book about The Divine Mercy Message and Saint Maria Faustina.*

Ocean Of Mercy: Three Lives, One Vision, No Limits

DV 31074 S, YA, A 71 min.
© 2006 The Mercy Foundation

At the dawn of the twentieth century, three voices rose up from Poland to herald the message of Divine Mercy to all mankind. This true story examines and chronicles the lives and spiritual legacy of Faustina Kowalska (20 min.), Maximilian Kolbe (28 min.), and Pope John Paul II (23 min.). The documentary includes interview with friends, biographers, and family members; photographs; and film footage showing the lives of three individuals who were close in both proximity and their love for the message of Mercy.

Oremus: A Guide To Catholic Prayer (3 Discs)

DV 31062.1 YA, A 240 min.
Toups, Rev. Mark © 2012 Ascension Press

The **Oremus** study program teaches you the essentials of an effective and fruitful prayer life. Over the course of eight weeks you will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of the saints, you will learn how to express yourself to God in prayer and how to hear his voice. Weekly topics include What Is Prayer? Before You Pray, Lectio Divina, Relational Prayer, Spiritual Senses, Discernment in Prayer, Dealing with Distractions, and Desolation and Consolation. (Includes 3 DVDs, Leader's Guide, and Student Workbook with session outlines and daily exercises for the eight-week course)

Prayer: A Surge Of The Heart

DV 31307 YA, A 40 min.
© 2014 Ignatius Press

This presentation challenges us to make more time for God in our lives and highlights the importance of an ever-deepening life of prayer. It looks at the true meaning of prayer, the different types of prayer and how we can grow in our spiritual lives. It addresses ways to overcome difficulties and temptations, how to find inspiration in the lives of the saints, the centrality of the Holy Mass, and the ultimate goal of prayer.

Praying Scripture For A Change: An Introduction To Lectio Divina (Book - Workbook)

BK 242591 A 125 pp.
Gray, Ph.D., Tim © 2009 Ascension Press

This book walks you through the Bible and the wisdom of the saints to reveal the practical steps of Lectio Divina in order to enhance your prayer life. You will learn how God speaks to each of us in Scripture, how to overcome obstacles to a consistent and fruitful prayer life, why the fourfold method of Lectio Divina leads us into the heart of contemplative prayer, strategies for reading and praying the bible, how Christian meditation differs from non-Christian approaches, and more. Includes Workbook which includes stories from the lives of saints as examples of how they heard God speak to them, study questions, and material for personal reflection.

Top Ten Reasons to Be Catholic: Prayer and Devotions

Sacred Heart Of Jesus, The

OV 50241

S, YA, A 3 min.
© 2011 YouTube / RomanCatholic 33's channel

<http://safeshare.tv/w/bGxiLIHFDW>

Images of the Sacred Heart of Jesus alternately appear with quotes from Church Tradition, primarily the saints. This is backgrounded by meditative music, making this useful for prayer.

Short Guide To Praying As a Family, A: Growing Together In Faith And Love Each Day

BK 241378.1

YA, A 182 pp.
© 2015 Saint Benedict Press

Dominican Sisters of Saint Cecilia Congregation

This book provides an easy-to-implement plan for family prayer. Arranged successively according to the basic stages of prayer, **A Short Guide to Praying as a Family** allows each family to progress step by step from one level of prayer to the next. Beautiful stained-glass images invite you to enter the mystery of each prayer and give glory to God as a family. Designed to be used throughout the day, this book will help your family speak to God, turn to Him for help, listen to Him, and praise Him. From making time to recite basic oral prayers throughout the day to making each moment of life a prayer, **A Short Guide to Praying as a Family** is a lifelong guide to the spiritual life and a powerful means to building a relationship with the Lord.

St. Faustina's Way Of The Cross

DV 31306

YA, A 23 min.
© 2014 Marian Press

Compiled by St. Faustina's religious community in Poland, **St. Faustina's Way of the Cross** combines the scriptural Stations of the Cross with passages on the Passion from the *Diary of St. Faustina*. The stations are filmed at the National Shrine of the Divine Mercy in Stockbridge, Massachusetts and led by Fr. Joseph Roesch, MIC.

Ten Prayers God Always Says Yes To: Divine Answers To Life's Most Difficult Problems

BK 248547

A 197 pp.
© 2007 Doubleday / Random House, Inc.

DeStefano, Anthony

Discouraged by unanswered, or worse rejected, prayer, many people become bitter with God, or give up on Him completely. Even the most faithful believers can be shaken by dry seasons. **Ten Prayers God Always Says Yes To** is the result of the author's own journey through scripture to find those prayers that God always answers, and promises to say yes to. There is no magic behind the ten prayers. They require that the reader change his or her approach to prayer. In addition to a more fruitful prayer life, those who truly understand God's promises will develop a closer relationship with God and become a blessing to those around them.

Threshold Bible Study: The Sacred Heart Of Jesus

BK 269779

YA, A 122 pp.
© 2006 Twenty-Third Publications

Binz, Stephen

Threshold Bible Study is a thematic Scripture series designed for both personal study and group discussion. The thirty lessons in each study may be used by an individual for daily study over the course of a month or may be divided into six lessons per week, providing a group study of six weekly sessions. **The Sacred Heart of Jesus**: The traditional devotion to the Sacred Heart of Jesus is solidly rooted in Scripture and offers a rich source of spiritual renewal today. The human heart, the biblical symbol for human will and passion, can become hardened, but God has promised to change our hearts of stone to hearts of flesh. The heart of Jesus, pierced and flowing with living streams of blood and water, is a threshold inviting us into the experience of divine love.

Threshold To God's Word: A User-Friendly Guide To Scripture Study

BK 269753

A 134 pp.
© 2014 Twenty-Third Publications

Binz, Stephen J.

Although this is a captivating and informative resource, it is also a deeply prayerful introduction to Scripture study. Reading the Bible is presented not primarily as an intellectual exercise, but as a devoted and passionate search, an enthusiastic and joyful discovery. The book was written for individual or group study and includes questions for reflection as well as steps for unlocking the door to God's word.

Twenty-One Ways To Worship: A Guide To Eucharistic Adoration

BK 242119

YA, A 176 pp.
© 2012 MercySong, Inc

Flynn, Ray

Anytime people start talking about Eucharistic Adoration, one question always seems to come up: "A whole hour? What will I do for a whole hour?" The purpose of this little book is to present at least a partial answer to that question enough to encourage you to give it a try if you have never done it, or to offer some additional suggestions if you have already spent some time in Adoration and would like to experiment with more ways to pray while you are there.

Writing To God: Forty Days Of Praying With My Pen

BK 242636

YA, A 100 pp.
© 2011 Paraclete Press

Hackenberg, Rachel G.

This journal book is an opportunity to connect your body, mind, and spirit in prayer for a forty-day journey, and it is a chance to discover a new way to pray. It includes a prayer to read for meditation each day followed by a scripturally based prompt to guide your own pen's prayer. Praying through your pen is not about finding the right or perfect words for prayer; it is about connecting your whole self in an act of physically produced prayer and practicing prayer daily in the safety of a book's pages.